

 <p>Connecticut Valley Hospital Nursing Policy and Procedure</p>	<p>SECTION A: NURSING SERVICE ORGANIZATION CHAPTER 2: STANDARDS OF NURSING PRACTICE AND CARE</p> <p>Policy and Procedure: 2.7.1 Competency Restoration</p>
<p>Authorization: Nursing Executive Committee</p>	<p>Date Effective: May 1, 2018 Scope: Connecticut Valley Hospital</p>

Standard of Practice:

The Nurse implements nursing interventions designed to assist the patient in restoration of competency to stand trial (CST).

Measurement Criteria:

1. The nurse collects objective and subjective data to assess the Patient's:
 - Understanding of reason for hospitalization.
 - Ability to learn and retain new information.
 - Mental condition.
 - Understanding of how his/her mental condition impacts on his/her CST.
 - Understanding of his/her alleged offense.
 - Understanding of appropriate courtroom behaviors.
 - Knowledge of competency criteria.
2. The nurse notes actual or potential alterations in bio/psycho/social status which might interfere with the patient's ability to be restored to competency.

Nursing diagnoses common to patients admitted for competency restoration are:

- Alteration in thought process.
- Knowledge deficit.
- Ineffective individual coping.
- Potential for violence.
- Disturbance in self-concept.

3. The nurse collaborates with the patient to identify needs and establish realistic goals:
 - To understand the reason for hospitalization.
 - To understand how one's mental condition impacts on his/her CST.
 - To participate in treatment planning.
 - To cooperate with Unit rules and procedures.
 - To discuss appropriate courtroom behaviors.
 - To describe basic trial components.
 - To discuss fundamental roles of court authorities.
 - To complete a competency evaluation.
 - To recognize and cope with personal circumstances that impede CST.
4. The nurse designs and implements interventions which:
 - Help the patient to understand the reality of his/her situation.
 - Alleviate symptoms of the mental condition which interfere with CST.
 - Help the patient to follow direction and control behavior.
 - Help the patient to identify acceptable courtroom behaviors.
 - Teach the patient basic trial components and fundamental roles of court authorities.
 - Help the patient to recognize and cope with personal circumstances that impede CST.
 - Prepare the patient for probable court disposition.
5. The nurse regularly evaluates the patient's response to interventions and reviews goal attainment with the patient.

Standard of Care:

The patient is assisted by the nurse in restoration of competency to stand trial (CST).

Measurement Criteria:

- The patient understands the reason for hospitalization.
- The patient understands how his/her mental condition impacts on his/her CST.
- The patient comprehends appropriate courtroom behavior.
- The patient understands basic trial components.
- The patient understands fundamental roles of authorities in the court.
- The patient completes a competency evaluation.
- The patient identifies methods of remaining competent to stand trial.